



# Gwent Wildlife Trust

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Holiday cottage | Wilder Future | Bridewell Appeal

## Ringlet *Aphantopus hyperantus*

Join us  
Protect local wildlife



Wildlife | Invertebrates | Butterflies and moths | Ringlet



### Species information

**i** **Common name**  
Ringlet

**Latin name**  
*Aphantopus hyperantus*

**Category**  
Invertebrates  
Butterflies and moths

**Statistics**  
Wingspan: 4.2-5.2cm

**🌐 Conservation status**  
Common.

### About

The Ringlet is a medium-sized butterfly, sooty brown all over. A common butterfly of woodland rides and edges, hedgerows and damp grassland, it is on the wing in the summer, from June to August. The adults prefer Bramble and Wild Privet flowers as nectar sources and can be seen flying with a characteristic bobbing movement even on dull days. The caterpillars feed on a variety of grasses including Cock's-foot and False Broom.

### How to identify

The best way to identify the 'brown' butterflies is by looking at the eyespots on their wings. The combination of the dark sooty-brown wings, together with three eyespots on the underside of the forewing and five eyespots on the underside of the hindwings, is unique to the Ringlet.

### Where to find it

Found throughout



Farmland



Grassland



Heathland



Woodland

## When to find it



## How can people help

The Wildlife Trusts manage many grassland and woodland edge habitats sympathetically for the benefit of all kinds of butterflies, including the Ringlet. Careful grazing with traditional breeds, hay-cutting at the right time and scrub clearance are just some of the ways grasslands are kept in good condition - supporting invertebrates and, in turn, the larger animals that prey on them. By volunteering for your local Trust you can help too, and you'll make new friends and learn new skills along the way.

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