



# Wildlife Trusts Wales

## Bugle Ajuga reptans

Join us  
Protect local wildlife



Wildlife > Wildflowers > Bugle



### Species information

**i** **Common name**  
Bugle

**Latin name**  
Ajuga reptans

**Category**  
Wildflowers

**Statistics**  
Height: up to 20cm

**Conservation status**  
Common.

### About

The deep blue flower spikes of Bugle can be found carpeting damp grasslands, scrub and woodland clearings scrub and grassland on fertile soils. Spreading by means of overground runners that frequently root, it flowers between April and July and is attractive to a variety of insects including White-tailed Bumblebees, Green-veined White Butterflies, Silver Y Moths and Common Carder Bees.

### How to identify

Low-growing and creeping, Bugle has larger, oval leaves spread out in a rosette at its base and smaller leaves that grow up its flower spike; small purple flowers sprout in between the leaves. The flowers are shaped like skirted ladies, often with faint stripes running down them and with protruding stamen poking out over the top.

### Where to find it

Widespread.

### Habitats

We use cookies on this site to enhance your user experience



### When to find it



### How can people help

Like many of our native plants, Bugle is an excellent source of nectar and pollen for all kinds of insects including bumblebees and butterflies. To encourage wildlife into your garden, try planting native flower species in your borders to provide a 'nectar-cafe'. To find out more about wildlife-friendly gardening, visit our Wild About Gardens website: a joint initiative with the RHS, there's plenty of facts and tips to get you started.

- View page as PDF
- Printer friendly version
- Share



[Accessibility](#) | [Privacy Policy](#) | [Contact Us](#)

Be part of it →



**Protecting Wildlife for the Future** Wildlife Trusts Wales Registered Charity Number 1045167 Company Number 3032775

Website by Precedent