

Catholic Faith Corner

Understanding, Teaching, and Living the Faith

Sea of Galilee at Sunrise



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Helpful Catholic Book on Annulments

by KATHLEEN GLAVICH, SND on [APRIL 11, 2018](#)
in [BLOGS](#)

I'm on spring vacation, but here is a book review for you ...



BOOK REVIEW

Mending the Heart: A Catholic Annulment Companion by Lisa Duffy

This is a valuable book for anyone who is divorced and considering an annulment—especially those who fear or question the process.

Because the author has endured the horrible, heartbreaking experience of an unexpected divorce, she can identify with other divorced people. In addition, she has spent almost twenty years helping people recover from divorce and move on. As a

result, she has put together a practical and thorough explanation of the annulment process, including Pope Francis's recent changes. More than that, in a gentle, compassionate way, she offers advice for recovering from the pain of divorce.



Mary Kathleen Glavich, SND

I'm a Sister of Notre Dame, of Chardon, Ohio, the author of eighty-plus books on religious education and spirituality, including a novel, "The Fisherman's Wife: The Gospel According to St. Peter's Spouse." I enjoy giving talks and retreats and was a pastoral associate at St. Dominic Church. I also edit and self-publish books for others.

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Duffy clearly explains the Catholic view of marriage and divorce, in particular, what constitutes a valid marriage. When a marriage has been judged invalid, the two parties are free to remarry without being deprived of the sacraments. The author also dispels misunderstandings about the annulment process, such as the error of thinking that an annulment makes children illegitimate.

The chapters are built on verses from Ecclesiastes 3:1-8 ("There is a season and a time for every matter under heaven," and so forth). Examples drawn from people's experiences demonstrate and clarify the author's messages. Each chapter concludes with a list of its main points followed by questions that guide the divorced reader to analyze his or her own situation.

One significant suggestion Duffy offers is to take time going through the process of recovery. A warning she gives and explains is not to form a new relationship while the annulment process is ongoing.

After reading and studying this book, divorced people can come to view an annulment as a blessing that helps them understand themselves better and boosts them into the next phase of their life's journey. I strongly recommend this book not only for divorced people, for those who would like to know where the Church stands on marriage and divorce.

The 112-page book is published by Our Sunday Visitor and sells for \$13.95.

Do you know a divorced Catholic who might benefit from reading this book?

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About Sister Kathleen Glavich, SND

Jesus ordered us to make disciples of all nations and teach them. Mary Kathleen, a Sister of Notre Dame from Chardon, Ohio, responds to this call through writing, speaking, giving retreats, and teaching. Her motto, adopted from Eddie Doherty's gravesite, is "All my words for the Word!"

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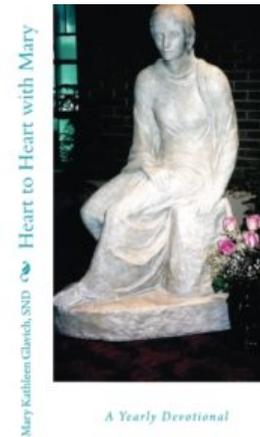
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Newest Book

In "Heart to Heart with Mary: A Yearly Devotional" Our Blessed Mother speaks to us every day of the year and a suggestion is provided for a response. It is similar to the popular book "Jesus Calling" and can be found on Amazon or purchased from me.

Featured Book

Totally Catholic! A Catechism for Kids and Their Parents and Teachers

Do you wish you had a simple, child-friendly summary of what Catholics believe? This book took first place in the Association of Catholic Publishers awards 2014 in the category of Children's Books. It can be purchased from Pauline Books and Media or from me. (\$14.95)

A Heavenly Book

Do you believe in angels? Most people do. The Catholic Companion to Angels offers heavenly facts about these majestic creatures, confirming that you can turn to them for help. Uniquely, The Angels comes with three covers (statue, stained-glass, or painting). Choose the one you like best.

Available from ACTA Publications and me.
(\$10.00)

My First Novel!

The Fisherman's Wife is the story of St. Peter's spouse, the long-suffering but delightful woman who puts up with Peter and his obsession with the itinerant preacher named Jesus. Through her we meet Peter, Jesus, and other biblical characters. In Capernaum she witnesses Jesus' healings and hears his words. The book is based on the Gospels, legends, and what is known about first-century Jewish women. The rest is sheer imagination. Order directly from me FOR AN AUTOGRAPHED COPY at kglavich@ndec.org.

A Bit of Humor

A Slow Student During indoor recess, the third and fourth graders were playing school. Taking part in the game, the teacher, Sister Janet, sat at a child's desk. Adam, who was playing the teacher, came up to her and asked, "And just how many years have you been kept back?" (from "Why Is Jesus in the Microwave?")

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The Sisters of Notre Dame of Chardon, Ohio, belong to an international congregation of more than two thousand apostolic women religious. We are one in mind and one in heart for the transformation of the world in Christ.



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