

Catholic Faith Corner

Understanding, Teaching, and Living the Faith

Sea of Galilee at Sunrise



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Self-Acceptance and Persistence

by KATHLEEN GLAVICH, SND on [JANUARY 9, 2019](#)
in [BLOGS](#)



By now many of us have probably slipped up on keeping our New Year's resolutions. This is discouraging and our self-esteem deflates. It's difficult to be persistent. We might want to throw up our hands and quit. But it's much better to start anew. For me, working crossword puzzles is a good analogy. Sometimes when a puzzle is a real challenge, I'm tempted to

stop and peek at the answers to complete it. But I've found that if I let the puzzle rest for a day and then return to it, some clues I thought were impossible I now can answer. Maybe today, it's hard for me to pass up the dessert I resolved to forswear, but maybe tomorrow I can overcome my craving and be victorious. That would make me feel good about myself. This reflection in my book "Heart to Mary with Mary" is a fitting follow-up to these thoughts:

Accepting Yourself



Mary Kathleen Glavich, SND

I'm a Sister of Notre Dame, of Chardon, Ohio, the author of eighty-plus books on religious education and spirituality, including a novel, "The Fisherman's Wife: The Gospel According to St. Peter's Spouse." I enjoy giving talks and retreats and was a pastoral associate at St. Dominic Church. I also edit and self-publish books for others.

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January 9

My child, because you are human, there are probably days when you are not happy with yourself. Perhaps you made a silly mistake or an appointment slipped your mind. Maybe you spoke carelessly and hurt a friend's feelings. When things like this happen, you might be tempted to be hard on yourself. But let me reassure you: you are a treasure!

I may not have been the smartest girl in the village or the most talented, but I had my own gifts. So do you. God made you a unique, irreplaceable individual. You were created out of love in God's image and likeness. You have dignity as God's beloved child and mine as well as an incredible destiny. True, you give God glory by using your gifts—but you also honor and please him by gracefully accepting your flaws and weaknesses in all humility.

When your self-confidence is waning, come quickly to me. I will tenderly embrace you and whisper in your ear how wonderful you really are and how much I love you. Then, if necessary, I will help you to mend what has been broken or to start again.

*L Are there things you don't like about yourself?
Speak to Mary about them.*

Is it time for you to renew your resolutions? Do you have a trick for keeping them that you can share?

I wonder if Mary ever felt like giving up. I wonder if her son did too.

Mary Kathleen Glavich, SND  Heart to Heart with Mary



A Yearly Devotional

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About Sister Kathleen Glavich, SND

Jesus ordered us to make disciples of all nations and teach them. Mary Kathleen, a Sister of Notre Dame from Chardon, Ohio, responds to this call through writing, speaking, giving retreats, and teaching. Her motto, adopted from Eddie Doherty's gravesite, is "All my words for the Word!"

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Jude Kwena January 9, 2019 at 11:44 am



I love the self-acceptance issue, I personally was wondering how I will survive this year with caring for my Children and my Wife, but after reading this article, I am glad I can face any challenge I get in life.

REPLY

Kathleen Glavich, SND January 16, 2019 at 11:30 am



Trust in Mary and her Son to see you through, Jude.

REPLY

Mary Collins-Smith January 10, 2019 at 11:16 am



Thank you Sr. Kathleen for those beautiful words from our heavenly mother, Mary.

I wish everyone could feel her tender embrace daily. She is with us in all of our ordeals, always! I feel her presence in my life daily.

New Years Resolution: remind more people in our lives that they can intercede through Mary to get our messages to Jesus. Jesus never refuses his mother and Mary never fails in her requests to her son.

Blessings to everyone.

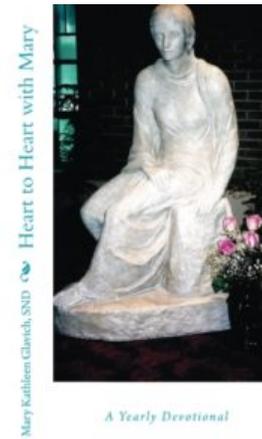
REPLY

Kathleen Glavich, SND January 16, 2019 at 11:29 am



I like your new year resolution, Mary!

REPLY



Newest Book

In "Heart to Heart with Mary: A Yearly Devotional" Our Blessed Mother speaks to us every day of the year and a suggestion is provided for a response. It is similar to the popular book "Jesus Calling" and can be found on Amazon or purchased from me.

Featured Book

Totally Catholic! A Catechism for Kids and Their Parents and Teachers

Do you wish you had a simple, child-friendly summary of what Catholics believe? This book took first place in the Association of Catholic Publishers awards 2014 in the category of Children's Books. It can be purchased from Pauline Books and Media or from me. (\$14.95)

A Heavenly Book

Do you believe in angels? Most people do. The Catholic Companion to Angels offers heavenly facts about these majestic creatures, confirming that you can turn to them for help. Uniquely, The Angels comes with three covers (statue, stained-glass, or painting). Choose the one you like best.

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Available from ACTA Publications and me.
(\$10.00)

My First Novel!

The Fisherman's Wife is the story of St. Peter's spouse, the long-suffering but delightful woman who puts up with Peter and his obsession with the itinerant preacher named Jesus. Through her we meet Peter, Jesus, and other biblical characters. In Capernaum she witnesses Jesus' healings and hears his words. The book is based on the Gospels, legends, and what is known about first-century Jewish women. The rest is sheer imagination. Order directly from me FOR AN AUTOGRAPHED COPY at kglavich@ndec.org.

A Bit of Humor

A Slow Student During indoor recess, the third and fourth graders were playing school. Taking part in the game, the teacher, Sister Janet, sat at a child's desk. Adam, who was playing the teacher, came up to her and asked, "And just how many years have you been kept back?" (from "Why Is Jesus in the Microwave?")

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The Sisters of Notre Dame of Chardon, Ohio, belong to an international congregation of more than two thousand apostolic women religious. We are one in mind and one in heart for the transformation of the world in Christ.



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