

# Prayer Poems

Poetic Reflections for Sundays and Feastsdays  
by Sister Juliemarie McDonald, SND



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## Ash Wednesday 2012

by SR. JULIEMARIE MCDONALD, SND on 02/22/2012  
in LENT

### A Prayer Poem by Sr. Juliemarie McDonald for Ash Wednesday February 22, 2012

Ashes on our foreheads,  
Same old, same old!  
Give up! Candy, coke, cigarettes,  
Drinking, swearing, criticizing  
Same old, same old!  
Praying, fasting, almsgiving

Ashes on our foreheads,  
Fortitude fails us,  
Back to the same old habits.  
Satan whispers,  
"What's the use?"

Enter the Spirit of God,  
gifting Jesus with Gospel truths.

## About Sr. Juliemarie McDonald, SND

Sister Juliemarie McDonald joined the Sisters of Notre Dame of Chardon, Ohio in 1951. She holds an MA in English Studies from John Carroll University MA in Scripture from St. Charles Seminary. After 32 years of teaching classes ranging from first grade to college level, she then became a researcher, campus minister, director of religious education and a pastoral minister in Mease Hospital in Dunedin, Florida. In her semi-retirement, Sister Juliemarie writes reflections and faith sharing sessions for the young sisters in formation in Africa, Philippines, Korea, India and the USA. Her spare time is spent as a crafter.



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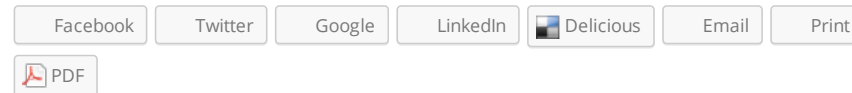
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I pray you believe and ponder the Good News.  
I pray you listen to the lessons of the Gospel.  
I pray you hear God say once again,  
    "This is my beloved Son; with you I am well pleased."(Mk 1:11b)  
I pray you hear Jesus' mother, Mary say,  
    "Do whatever he tells you." (Jn 2:5b)  
Finally, during this season of Lent,  
I pray you hunger as Jesus did and say,  
    "My food is to do the will of the one who sent me...."( Jn 4:34)  
    Amen.

What does Ash Wednesday mean for you this year?

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**Rajee Seetharam** February 22, 2012 at 8:23 am 

Beautiful! Simply beautiful!

REPLY

**olivia** February 22, 2012 at 10:18 am 

God bless the same old, same old!  
God grace us with the Lenten wisdom to cherish the same old same old patiently  
until the resrrection.

REPLY

**Sr Juliemarie McDonald** February 22, 2012 at 12:19 pm 

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Olivia, may you risk this Lent do act upon the Word of God that challenges you the most.

REPLY

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**Gia** February 25, 2012 at 1:30 am



To surrender my old ways and run back to the One who loves me unconditional!!!

REPLY

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**Sr Pat Sipan** February 25, 2012 at 12:31 pm



thanks Sr Julie  
It's " the same old" but has the beauty of ritual and the grace to unite our efforts with with all of God's saving grace this day. What a great way to say it!

REPLY

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**deb carlin** February 26, 2012 at 12:35 pm



thanks for same old, same old. this rendition has the power to "make all things new. thanks  
deb

REPLY

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