



# Prayer Poems

Poetic Reflections for Sundays and Feastdays  
by Sister Juliemarie McDonald, SND



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## Merry-Go-Round

by SR. JULIEMARIE MCDONALD, SND on 07/19/2012  
in [ORDINARY TIME](#)

*“Come away by yourselves to a deserted place and rest a while.” (Mark 6:31b)*

**Prayer Poem for the Sixteenth Sunday in Ordinary Time–Cycle B  
July 22, 2012**

Mount the “Merry-Go-Round” of life,  
of ups and downs,  
of glory and strife.

## About Sr. Juliemarie McDonald, SND

Sister Juliemarie McDonald joined the Sisters of Notre Dame of Chardon, Ohio in 1951. She holds an MA in English Studies from John Carroll University MA in Scripture from St. Charles Seminary. After 32 years of teaching classes ranging from first grade to college level, she then became a researcher, campus minister, director of religious education and a pastoral minister in Mease Hospital in Dunedin, Florida. In her semi-retirement, Sister Juliemarie writes reflections and faith sharing sessions for the young sisters in



“Round and round she goes,  
where she stops  
nobody knows.”

Sleep, eat, work, eat, work, eat, sleep.  
Sleep, eat, work, eat, work, eat, sleep.  
Mystical music keeps the beat.

Weary ones, “come apart and rest a while.”  
Drop that frown; put on a smile.  
Rest, play, balance your day.  
Find a quiet place; reflect and pray.

“I have come to give life to the full.”  
Balance is the secret, balance the tool.  
Silence and solitude is rest for the soul.  
Love and service is your roll;  
“Come apart and rest a while.”

### For Reflection and Sharing:

1. How much balance have you in life?
2. Where is your deserted place?
3. Which weary person can find rest with you?

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formation in Africa, Philippines, Korea, India and the USA. Her spare time is spent as a crafter.

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**Christopher** July 19, 2012 at 9:28 am



Thought this was timely with what you have been going through.

REPLY

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**Sr. Juliemarie McDonald** July 19, 2012 at 8:23 pm



Christopher, this is timely for what most people are going through. That's why it is so important to listen to the message of the Lord. Come, rest, find some quiet time, pray.

REPLY

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