



Bless your pain and suffering.  
Victor now over the death of self,  
Victor freed to fly once more in the meadows of compassionate living.

“Come out!”

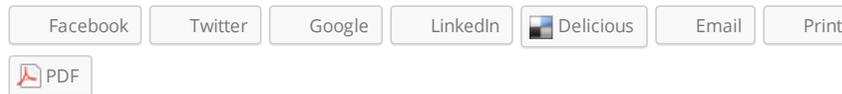
Rise from your tomb.

Begin again your new life.

### For Reflection and Sharing:

1. How is the raising of Lazarus a “preview of coming attractions?”
2. What are some of the pains and sufferings that bind people?
3. When do “tomb times” happen in our lives?
4. Who takes time to call you forth?
5. How do you become the Jesus, who calls you forth for others?
6. Looking back over this Lenten season, how are pain and suffering real blessings?

Share this:



Tagged as: [Binding Cloths](#), [Burst Bonds](#), [Come Out](#), [Lazarus](#), [pain](#), [Paschal Mystery](#), [Rise](#), [suffering](#), [Tomb Times](#), [Victor](#)

{ 2 comments... read them below or [add one](#) }

**bill** September 24, 2015 at 5:45 am



Loved the poems and the thoughts.

REPLY

**Sr. Juliemarie McDonald, SND** September 26, 2015 at 7:33 pm



Dear Bill, I am happy that you love my poetry. I hope if you have been in any tombs lately that like Lazarus you will at

I hope that when you hear

## About the Sisters of Notre Dame, Chardon, Ohio

The Sisters of Notre Dame of Chardon, Ohio, belong to an international congregation of more than two thousand apostolic women religious. We are one in mind and one in heart for the transformation of the world in Christ. [Learn More](#)



### SND Blogs

- [Catholic Faith Corner](#)
- [Catholic Web Solutions](#)
- [Grace to Paint](#)
- [In the Hands of the Potter](#)
- [Living Justly](#)
- [Prayer Poems](#)
- [SND Express Blog](#)
- [Sunflower Seeds](#)
- [What's Happening](#)

### Search

To search, type and hit enter

Christ's call you come out and go out to preach and teach by your words and action.

REPLY

---

### Leave a Comment

---

Name \*

E-mail \*

Website

**Submit**

---

SISTERS OF NOTRE DAME WITNESS DAILY TO  
GOD'S GOODNESS AND PROVIDENT CARE.

Join us!

Contact our Vocation  
Director today.



Copyright © 2012 The Sisters of Notre Dame, Chardon, Ohio | Design & Development by [Groupmind Media](#)