

Prayer Poems

Poetic Reflections for Sundays and Feastsdays
by Sister Juliemarie McDonald, SND



[HOME](#) [ABOUT](#) [CONTACT](#)



Surrender To Non-Violence

by SR. JULIEMARIE MCDONALD, SND on [02/23/2014](#)
in [ORDINARY TIME](#)

Seventh Sunday in Ordinary Time–Cycle A
February 23, 2014

“But I say to you, offer no resistance to one who is evil.”
(Matthew 5:39a)

Surrender To Non-Violence

Offer

No resistance,
No revenge,
No retaliation.

Rather,

Surrender,
Yield,
Submit.

Break bonds of violence.

“An eye for an eye only ends up making the whole world blind.” (Gandhi)

About Sr. Juliemarie McDonald, SND

Sister Juliemarie McDonald joined the Sisters of Notre Dame of Chardon, Ohio in 1951. She holds an MA in English Studies from John Carroll University MA in Scripture from St. Charles Seminary. After 32 years of teaching classes ranging from first grade to college level, she then became a researcher, campus minister, director of religious education and a pastoral minister in Mease Hospital in Dunedin, Florida. In her semi-retirement, Sister Juliemarie writes reflections and faith sharing sessions for the young sisters in formation in Africa, Philippines, Korea, India and the USA. Her spare time is spent as a crafter.



Recent Posts

[Fourth Sunday of Advent](#)

[Third Sunday of Advent – Cycle C](#)

[Second Sunday of Advent – Cycle C](#)

[First Sunday of Advent – Cycle C](#)

[Teachability](#)

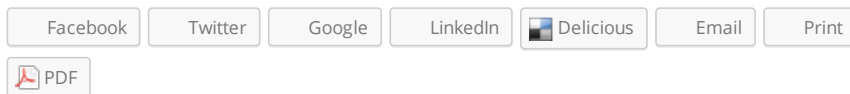
Find peaceful ways, non-violent ways to ward off evil.
Allow peace to flow like a river, changing course peacefully without struggle.
Let peaceful ways bring power to the powerless,
and nourishment for all creation with concern and care.
Allow this peaceful river to spill into oceans, seas, and bays of every land.

Scatter love and healing, like aromatic rose petals, from river banks of every land.
Fill the world with the fragrance of peace.

For Reflection and Sharing:

1. What if governments surrendered to these peaceful ways?
2. What if world-wide we erased the mentality of an "eye for eye"?
3. What if every nation had a Department of Peace instead of a Department of War?
4. What if parents taught by words and actions non-violent lessons to children?
5. What if youth stopped bullying one another?

Share this:



Tagged as: [Creation](#), [Fragrance](#), [Peaceful Ways](#), [Resistance](#), [Surrender](#), [Violence](#)

{ 2 comments... read them below or [add one](#) }

Sister Mary Helen Chasar February 23, 2014 at 2:25 pm



Dear Sister Juliemarie,
Thanks for your Spirit-filled Prayer Poem.
If we followed it, we would have HEAVEN ON EARTH!
With the help of God's Grace, I pray each day for myself, Church, Country,
Community and the Chasar Family (4 ' C's) that we will experience the PEACE
JESUS CAME TO EARTH TO GIVE!
GOD BLESS YOU. LOVE AND PRAYERS.

REPLY

Juliemarie February 24, 2014 at 5:39 am

About the Sisters of Notre Dame, Chardon, Ohio

The Sisters of Notre Dame of Chardon, Ohio, belong to an international congregation of more than two thousand apostolic women religious. We are one in mind and one in heart for the transformation of the world in Christ. [Learn More](#)



SND Blogs

- [Catholic Faith Corner](#)
- [Catholic Web Solutions](#)
- [Grace to Paint](#)
- [In the Hands of the Potter](#)
- [Living Justly](#)
- [Prayer Poems](#)
- [SND Express Blog](#)
- [Sunflower Seeds](#)
- [What's Happening](#)

Dear Helen, it certainly would be heaven on earth! That's what we pray for in each Our Father—"Thy Kingdom Come."



REPLY

Leave a Comment

Name *

E-mail *

Website

Submit

SISTERS OF NOTRE DAME WITNESS DAILY TO
GOD'S GOODNESS AND PROVIDENT CARE.

Join us!
Contact our Vocation
Director today.



Copyright © 2012 The Sisters of Notre Dame, Chardon, Ohio | Design & Development by [Groupmind Media](#)