



Prayer Poems

Poetic Reflections for Sundays and Feastsdays
by Sister Juliemarie McDonald, SND



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Human Hungers

by SR. JULIEMARIE MCDONALD, SND on [08/03/2018](#)
in [ORDINARY TIME](#)

Eighteenth Sunday in Ordinary Time–Cycle B

August 5, 2018

“I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.”

(John 6:35)

Human Hungers

“I am the bread of life.” (John 6:48)

Human hungers include the whole body, mind and spirit.

For what does **Our Body** hunger?

- Food
- Shelter

About Sr. Juliemarie McDonald, SND

Sister Juliemarie McDonald joined the Sisters of Notre Dame of Chardon, Ohio in 1951. She holds an MA in English Studies from John Carroll University MA in Scripture from St. Charles Seminary. After 32 years of teaching classes ranging from first grade to college level, she then became a researcher, campus minister, director of religious education and a pastoral minister in Mease Hospital in Dunedin, Florida. In her semi-retirement, Sister Juliemarie writes reflections and faith sharing sessions for the young sisters in formation in Africa, Philippines, Korea, India and the USA. Her spare time is spent as a crafter.



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- Rest
- Exercise

“Do not dwell in the past; do not dream of the future, concentrate the mind on the present moment.”

- Buddha

Our Mind

- Clarity
- Understanding
- Knowledge
- Wisdom

The presence of the **Holy Spirit** is the keystone of all our hopes.

- John Nelson Darby

Our Spirit

- Transformation
- Unity In community
- Holiness
- Enlightenment
- Guidance
- Healing

God, too, hungers. God wants us to pine for him. He wants our whole-hearted love. He is longing for you to come back to your homeland. He wants to be his beloved. Sometimes I imagine him singing, “Take me, I’m yours if you’ll take me.”

For Reflection and Sharing:

1. Why do you follow God?
2. How do you hunger for God?
3. What is your daily spiritual diet?
4. How does God hunger for you?
5. How do you prepare for Eucharist? How long and what is your Thanksgiving like?

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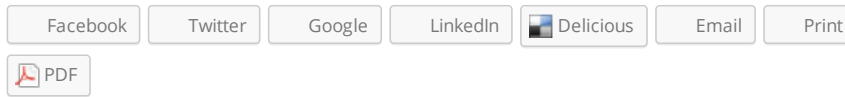
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6. How would you explain the fact that you, too, are bread for the hungry?

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