22 JANUARY 2009

B - தொலைவு - கரையுறுதி (HEPATITIS-B)

Posted by Sathik Ali at 3:14 AM

Hepatitis B is a viral infection that affects primarily the liver. People with Hepatitis B can develop mild, serious, or even life-threatening illness. There is no cure for Hepatitis B, but there is a vaccine that can help protect you from getting it.

The virus is spread through contact with bodily fluids like blood, semen, vaginal secretions, breast milk, and saliva.

Signs and symptoms:

- Fatigue
- Nausea
- Yellowing of the eyes and skin (jaundice)
- Dark urine
- Light-colored stools
- Joint pain
- Rash

Hepatitis B can cause:

- Acute hepatitis
- Chronic hepatitis
- Liver failure
- Liver cancer

Prevention:

- Get vaccinated
- Avoid risky behaviors
- Practice safe sex
- Get tested if you're at risk

Diagnosis:

- Blood tests
-Liver biopsy

Treatment:

- Antiviral medications
- Counseling and support

Precautions:

- Avoid close contact with infected people
- Wash your hands regularly
- Get regular check-ups

According to the World Health Organization, Hepatitis B affects an estimated 240 million people worldwide, with 1 million deaths each year. It is preventable and treatable.

Sathik Ali
Colachel, Tamil Nadu, India
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