1. List some of the good aspects of today’s dating ideas and methods. Then explain why you think they are good.
2. Think about what you can offer another person. What are your strengths, not just in a romantic way, but in a lifelong-partner way?
3. King David wrote Psalm 51 after the prophet Nathan confronted him about committing adultery with Bathsheba. Realizing what he’d done, he wrote, “My sacrifice, O God, is a broken spirit; a contrite heart you, God, will not despise” (Psalm 51:17, NIV). If God forgave David of his sin, do you believe he can and will forgive you of yours?
4. In what ways have you felt tempted to live with pride? How has that affected your interactions with and feelings toward others? Toward yourself?
5. Is it possible to have too much self-respect or self-esteem? What about spiritual pride?
6. What is the goal of creating boundaries? Is the goal to love and protect the other person? Why are boundaries important to your relationships with others, yourself, and God?
7. Is this world a battleground or a playground?
8. Write down how you view the differences between courtship and dating. What are the strengths of each? What are the weaknesses?
9. If you determined to practice courtship, what boundaries and expectations would you want to be put in place?
10. Do you want to be chivalrous but don’t know how it will be received? Do you long to be treated in chivalrous ways but aren’t?
11. If the idea of saving sex for marriage or that premarital sex is a sin is brand new to you, take some time to think through God’s design for intimacy in marriage. Why do you think God created sex to be between a husband and wife?
12. Do you allow your thoughts to become fantasies and rationalize them because you’re not married yet and they aren’t hurting anyone?
13. When you’re confronted with a situation or thought that conflicts with God’s desire for you, how do you handle it? What are some ways you can handle it differently the next time you’re faced with a decision about purity?
14. What one habit would you like to form?
15. What do you think about the idea of marriage being a covenant?